

LUZDOC ①

24 Hour Emergency Service
 UNDER THE DIRECTION OF DR. MARIA ALICE GERREANO E SILVA.
 Tel. 282 780 700 / Fax. 282 780 709.
 After Hrs. 917 811 988. • INTERNATIONAL MEDICAL SERVICE • EMERGENCY & HOUSE CALLS • CLINIC WITH IMMEDIATE DIAGNOSTIC & TREATMENT FACILITIES • LAB TESTS, ECG ETC. • WIDE RANGE OF SPECIALIST CONSULTANTS • MULTILINGUAL • SPECIALISE IN ALL PAPERWORK FOR FOREIGN MEDICAL INSURANCE CLAIMS & REPATRIATION OF SICK VISITORS • TRANSPORT AVAILABLE. Rua 25 de Abril 12, Praia da Luz. In Notfall Hausbesuch.

A FLORESTA RESTAURANT & snack bar

Super little family-run restaurant. Delicious meals: beef à Portuguesa, daily roasts, beef stroganoff, lamb chops, fresh grilled fish, prawns flambe, delicious beef of the house, etc. The clam starter is fantastic. Very reasonable prices. Snack bar open all day. BELOW HOTEL LAGOS. Supressen & Portionen. Nähe Hotel de Lagos. Tel. 282 763 719. ③1

ALGAR GOLF SHOP ③4

A welcoming fully stocked golf shop, located on the EN125 between Penina & Lagos in Odiáxere. A wonderful selection of: Footjoy, Cutter & Buck, Ashworth, Callaway, Alice Collins etc. Sophie & Justino will advise you. Find out why they are "The Best in the West". Open 9.30-13.00 & 14.00-18.30, Sat. till 13.00, closed Sun. Tel. 282 799 711.

TERRAÇO DA CHINA RESTAURANT

Mr. Zou was the original Chinese chef in the Lagos area! Specialities: fantastical crispy spring rolls, prawns saté. Large variety of VEGETARIAN DISHES, sizzling prawns & garlic, sizzling crispy noodles, Peking duck, chicken with salt & pepper (very nice). ALL carefully prepared with FRESH produce! (NO MSG if requested). SPOTLESSLY CLEAN & fresh. Terrace for hot days! SPECIAL LUNCH MENU ONLY • 4.90. Takeaway. Tel. 282 760 171. Open 11:30am-2:30, 5-11:30pm. Look for the red Lanterns, up from Bom Vivant!

TO THE WEST of Lagos, the fishing villages of Luz & Burgau make great days out! Idyllic beaches & great pubs!

THE BULL - Luz Bay Tel. 282 788 823

Very friendly pub. Great food: famous steak & kidney pie (Guinness gravy), Bull Club Special, v. good toasties & daily specials. PUB TERRACE & THE NEW 1st FLOOR RESTAURANT & TERRACE HAVE UNMATCHED VIEWS OVER LUZ! Restaurant serves prime grilled steaks, spare ribs, vegetarian dishes & real home-made puddings! Sun. roast lunch served noon - 3.30 inc. pudding! Sports on Sky Digital inc. TV. Best bitters & lagers. Well worth the trip to see the unbeatable view. Just off main square, opposite church, behind Allisuper.

BEACH BAR BURGAU (Burgau) ⑩

Sometimes the best places are hard to find, on beach, hidden below Burgau's cliffs. Excellent dinners (in season): chicken & pineapple kebabs, Prawn & smoked salmon salad, superb steaks, saté, grilled lamb, + snacks & light meals all year. People who live here, come HERE to get away from it all. One of the Algarve's most beautiful settings. Highly recommended. Well worth the drive. Tel. 282 697 553. Open Nov. daytime only, closed Dec. reopens Jan. - Easter daytime for snacks & light meals. Call to confirm evening opening for meals! 10 min. west of Lagos, south into Burgau, directly down hill to sea, take secure walk to right to Beach Bar. Parasols & canoe hire in season.

SARDINE FACTORY, BURGAU ⑩

ALGARVE'S LARGEST SELECTION of funny & souvenir T-Shirts! Huge range of gift ideas: ceramics, jewellery, designer clothing: Billabong & GAP at discount prices. Fishing tackle & tips: everything you need to catch bass. SPECIALIST IN UK BRAND AGGREGATES. Don't miss this super shop. Impossible not to find something you want! On 2 way st. up from beach, up from Smugglers. Tel. 917 761 089.

DYNASTY CHINESE RESTAURANT

The ONLY restaurant in centre of Lagos with a LARGE SEAVIEW TERRACE (GO UPSTAIRS directly to back of restaurant). Special dishes are fantastical Peking duck, Prawns with fresh pineapple, Happy Family Nest, sizzling pork with ginger & Onion. Their chef (25yrs experience) transports you to China with his mouthwatering, irresistible food! V. Reasonable prices. TAKEAWAY. Open 11:30am-3pm, 5:30-11:30pm. Bookings a good idea. Tel. 282 763 746. To be sure you're at Dynasty, look for tiny hanging string lights on main walking street.

MUNDO DO SAPATO, SHOE WORLD In Albufeira & Lagoa

Ecco Outlet Store. Men's, ladies', children's, Sport & casual + Golf shoes. The Algarve's biggest selection of footwear at unbeatable prices. Ecco styles up to 40% discount. TWO locations: Lagoa: on EN125, 200m east of Lagoa in Mestre Maco building, Albufeira on EN125 in Commercial Center, Kit Market/Mestre Maco. Everyday 10am-7.30pm. Tel. 282 343 065 www.shoeworldshop.com

MEDILAGOS 282 760 181 282 764 300

Very modern clinic • 24 specialities inc. Dentistry • 24 hr emergency service & short stay observation beds • Comprehensive Diagnostic Facilities • House calls • Nursing Treatment • Modern Klinik • 24 Spezialisten einschließlich Zahnheilkunde • 24 Stunden Notdienst • Ameijreira de Cima, Bela Vista, Lote 2, LAGOS. Fast Motel Marsol, on ring road.

CAFÉ XPREITAQUI NATURE ③8

Pedro's super café has the best coffee in Lagos (illy). Everyone meets here, tourists & locals. Natural juices, smoothies & milk shakes, salads (inc. vegetarian tofu), home-made pizza & sandwiches (home made baguettes, croissant, quiche & apple pie). Special: muesli & fruit, natural breakfast, yogurt, honey & strawberries. Draught black & white Sagres etc. Low prices. Great decor & music. Tel. 282 762 758, 10am-2am. Closed Sun.

ALL PLACES ON THE FREEMAP HAVE BEEN CAREFULLY SELECTED & personally checked by the editor, to ensure they are establishments that you will enjoy over & over again. FREEMAP REPRESENTS & RECOMMENDS QUALITY.

FLORENTINA ②9

Accommodation (villas & apts.), rentals, maintenance, excursions. Highly recommended. Tel. 282 761 001. Fax. 282 763 739.

RUSSIAN TEA ROOM ③

Delicious HOME-MADE Russian cakes & small Russian snacks. Worth the walk! BIRTHDAY CAKES TO ORDER, tea, coffee, RUSSIAN VODKA! And Yes: Julia & Ilya are 100% Russian! 8am-10pm.

STEVIE RAY'S BLUES

JAZZ BAR 914 923 883/5 ①4
 Definitely one of the BEST. A stunning 2 storey bar. Amazing atmosphere. The only one like it in the Algarve. Blues, Jazz & Oldies. Cocktails, Spumante, Champagne on ice, wide selection of fine wines, cigars & candlelight. Open 8pm-4am, from June 6.00pm-4am. Live music every Sat! Smart casual dress. "Credit cards accepted!". Traumhafte Blues, Jazz Bar! Offen von 20.00-04.00h! ab Juni 18.00-04.00h! Samstags Livemusik! Gepflegte Kleidung! email: stevie_rays@clix.pt net: http://stevie-rays.planetaclix.pt

O ALBERTO RESTAURANT

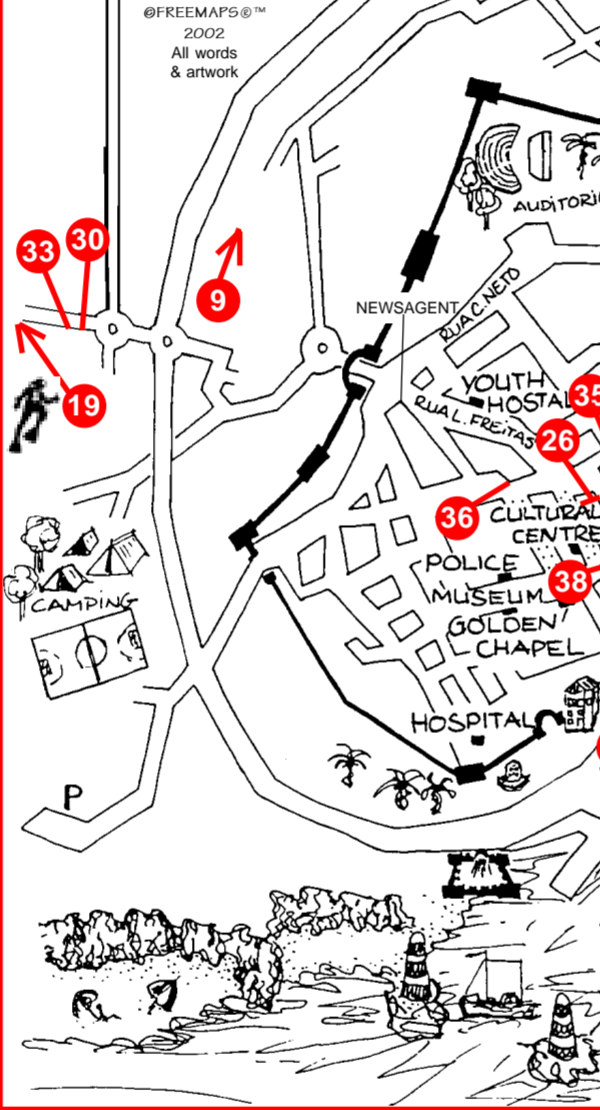
Alberto's restaurant is well known for its cataplana of fish or clams, shrimps with piri piri & garlic, pepper steak (fantastic), tuna steak with cream & onion sauce. BEHIND HOTEL LAGOS. Typische portugiesische Küche: Fangfrischer Fische, Meeresfrüchte und Fleisch auf dem offenen Holzholengrill. Tel. 282 769 387. Closed Jan. ⑥

INTERMARCHÉ

One of the BEST SUPERMARKETS in Lagos for all your holiday grocery shopping! MANY IMPORTED ENGLISH PRODUCTS: Bacon, sausages, beans & bread plus extensive stock of all grocery items & organic products. Huge fresh fish selection (incl. shrimps), QUALITY meats for the BBQ! Very good WINE & ALCOHOL selection, excellent Portuguese wines, French Wines for connoisseurs at much better prices than home! Extremely reasonably priced French Champagne. FRESH BREAD & BAKED GOODS daily (with small coffee shop). Portuguese speciality items for gifts: honey in hand-painted ceramic jars, extra special virgin olive oil plus MAPS, GUIDES BOOKS etc. One stop shopping... to ensure your holiday is perfect! FREE PARKING. Directions: at the 'top' of Lagos, go through 1st roundabout, turn left at next lights then immediate right & second right into parking.

FREEMAP ①™ Para Informações - For Information Tel./Fax. 282 471 748 or 919 912 246

EXCHANGE- WECHSEL COTA CÂMBIO SA ①2
 Very good rates, at left side of Don Sebastian statue. Tel. 282 764 452



ANTONIO'S RESTAURANTE & WINE BAR

Antonio serves large portions of excellent food beautifully presented at v. reasonable prices. In a lovely old town house. If you wish to eat outside, go directly to the patio at back. Delicious fresh fish, steaks, lamb chops, salads, vegetarian dishes, turbot (house special) etc. V. friendly service. Well worth a visit. Opposite Cultural Centre, around corner from Golden Church/Museum. For reservations: Tel. 282 768 466. Open for lunch & dinner during Nov. & Dec. Closed Jan. Gegenüber vom Kulturzentrum, Fleischspezialitäten und Fisch, vegetarische Gerichte Empfehlenswert

TERAPIA BAR ②1

This comfortable cool bar is for mingling. It's known as one of Lagos' best music bars. Very good atmosphere with classic remix & great pop/alternative music. Great parties on weekends. House specialities: Sangria, shots & cocktails. Closed Sun.

ALGARVE SURF SHOP ③6 SCHOOL & CAMP ③0

Dream of surfing? Book directly at their new surf shop in Lagos & their surf bus will take you to the beautiful beach with ideal waves. Day trips & Surf Safaris. Lessons for all levels. Equipment for hire & accommodation (surf, bed, breakfast • 40 per day). http://surf.to/algarve email: wudo.surf@mail.telepac.pt 1 day Safari or 1 day course • 25, 3 day Safari or 3 day course • 70, 5 day Safari or 5 day course • 100. Surf shop 282 767 853, surf camp 282 624 560, surf school (praia do Amado) 963 010 818.

OUTDOOR TOURS for all 15-75yrs!

WONDERFUL guided WALKING TOURS: Monchique, Silves & along the Southern Algarve Coast (incl lunch). See the real unspoilt Portuguese countryside. Easy walking. Also combined day of walking & kayaking. Call FRANK, a Qualified Dutch outdoor guide (multilingual). Tel. 282 443 511 or 916 736 226.

TIFFANY'S ②0

Riding for all the family. Beginner rides to great all day adventures. Ever had breakfast at Tiffany's? Approved by the Association of British Riding Schools. Open 9am-dusk. Tel. 282 697 398. Directions: Go 7km from top roundabout in Lagos, look for sign on north side of EN125, see #20 both maps.

OLARIA NOVA NEW POTTERY SHOP ④0

Definitely one of Lagos' most interesting shops! Original ceramics sold directly by the artists Sabine & José. Also jewellery with semiprecious stones, ethnic artefacts & works by other local ceramic artists. People come to Lagos just for this shop! Directions: at the end of walking street 25 de Abril #37, look for blue ceramic panels with fish on either side of shop door (no window, just a door). Tel. 282 761 742.

SEND US Your HOLIDAY COMMENTS via E-Mail freemaps@freemaps.net

FOOLS AND HORSES ①5

Eddie & family invite you to join them at Fools & Horses, established as The English Pub for 23yrs. HOME-MADE FAVOURITES & ROAST DINNERS. NEW BBQ GRILL for STEAKS & FISH! If your not a big eater they offer smaller meals at the right price! Choice of draught beers: Boddingtons, Guinness, Tetleys, Dry Blackthorn cider & local Super Bock. ALL SPORTS SHOWN ON SKY TV. Fun nights: quizzes & karaoke. This is a favourite meeting place! Open 10am-3pm & 6pm-2am. Sun. 6pm-2am.

IRISH ROVER PUB & CYBERCAFE ②5

Cead mile failte to Lagos' biggest Irish bar. Always something going on. Karaoke, Guinness, Irish coffee. Bar snacks. Very friendly atmosphere. Great craic! The bar for Ceol Agus Ol. All Sky Sports. Access to Internet, 4 computers. Approx. 3min walk from statue in centre, turn left at BNU, then 1ST RIGHT & straight on until you come to Café Rum Baba, turn left & it is in front of you. If lost phone & they will go & get you. Only open weekends during winter (from 8pm). OPEN DAILY from 8PM DURING THE HOLIDAYS, XMAS ETC. THE PLACE TO BE ON THE WEEKENDS. ALWAYS BUSY WITH LIVE MUSIC. Tel. 282 768 033.

HOT BREAD, BAKERY DEUTSCHE KONDITOREI ③9

Fantastic home baked bread, rolls & cakes: wholemeal, rye, sesame, poppy seed, streusel, blackforest, cheesecake, apple cake & coffee shop. (cakes to order). Typisch deutsche Backwaren, feinste Brot u. Brötchensorten, Beste Kuchen täglich Frisch. Deutscher Filterkaffee.

CHINESE MEI YUAN RESTAURANT 美苑飯店

Beautifully decorated Chinese restaurant on walking street. Chef from Shanghai with 30 years experience creates excellent Chinese dishes. Tantalizing favourites: Hot & Sour soup, special Chinese dumplings, Peking duck, steamed fish, Singapore noodles, spicy curry & chilli dishes, VEGETARIAN dishes & fried ice cream, fried bananas for dessert. Excellent special round dish for 2 at dinner! Don't miss lunchtime special! 7 days, 11:30-3pm & 6-11:30. TAKEAWAY. BOOKINGS, Mr. LEE 282 767 667.

A LAGOSTEIRA 282 762 486

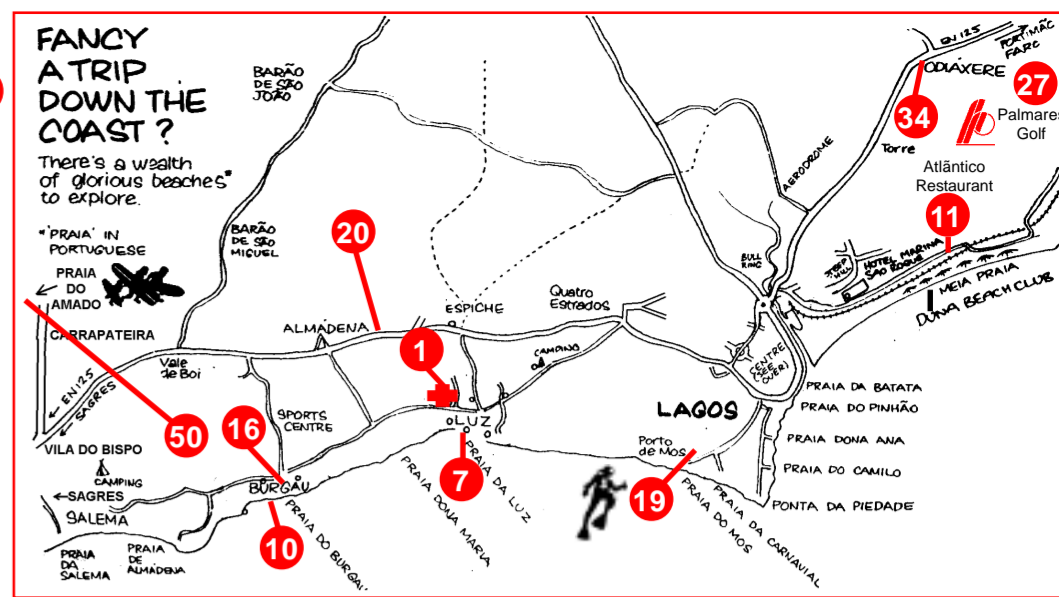
Excellent food prepared by owner chef. Only the best ingredients. Recommended by many guides. Delicious cataplana of fish, clams etc, fish soup, delicious steaks, grilled sole, fantastic dessert crepes. Original starter of sardine fillet. Friendly service. One of the best in Lagos. A must. Der Besitzer ist der Koch, so wissen Sie das das Essen ausgezeichnet ist. Empfohlen bei Führers.

THE WINE SHOP ②3

Save money! All liqueurs, wines & ports. Very good prices, remember NO more duty free since 1999. Humberto speaks English & will help you make your selection. 10% Discount for: Thomson, Airtours, First Choice, Sun World & Young at Heart.

PIRI PIRI RESTAURANT PIRI PIRI

Very good traditional Portuguese food at low prices. 3 course tourist menu • 11. Very good daily specials, chicken piri-piri, prawns in garlic, cataplana. Gute traditionelle, portugiesische Gerichte zu günstigen Preisen. Spezialtaet Hähnchen piri piri, Gamelen mit Knoblauch, Cataplana. Open late Tel. 282 763 803.



BLUE OCEAN DIVING & KAYAK CENTRE

Your friendly diving & kayaking school! Snorkelling, dive safaris, kayak safaris, try dives & diving courses for the whole family. Ihre freundliche Tauchschule! Tauchkurse fuer die ganze Familie. Kayaksafaris, Tauchsafaris, Schnuppertauchen. TM 964 048 002. Tel. & Fax. 282 782 718. From Lagos turn left at traffic lights for Ponta da Piedade. Straight over the mini round about, 1km, in Motel Ancora Email: oceandivers@hotmail.com www.blue-ocean-divers.de

O PIRATA RESTAURANTE BAR ③0

Martin & Marcia's family run restaurant serves Portuguese specialities with Azorian flavour & hospitality. Typical fish soup, excellent steaks & shrimps, swordfish & sauté banana, grilled tuna, prawn curry, fillette, cataplana, Stroganoff, mixed kebabs etc. & home-made desserts. Drinks or snacks on the sunny terrace or bar. Tel. 914 588 074.

FREEMAP GOLF DISCOUNTS

FOR ALL GOLF OFFERS YOU MUST MENTION FREEMAPS
VALE DE MILHO GOLF - Carvoeiro
 BEST VALUE GOLF IN THE ALGARVE
 Designed by Dave Thomas to challenge all golfers. Beginners welcome - Equipment for hire. Lessons available. Spacious Clubhouse, Restaurant & Bar.
 GREEN FEE DISCOUNTS (Show this map)
 9 holes • 17.43 - 18 holes • 27.54
 SEASON TICKETS: 3 Rounds 15% off, 5 Rounds 20% off, 7 Rounds 30% off (rack rate).
 Tel. 282 358 502

Pestana GOLF RESORT CARVOEIRO

Twilight Hour after 3:30pm
 Play as much golf as you can Gramacho • 20, Pinta • 30
 Present map for a 15% reduction on Pinta & Gramacho (rack rate)
 Try The New "18 Hole" Gramacho Course
 "Nick Price Recommends"
 Tel. 282 340 900 Fax 282 340 901

LUIS'S BAR ③2

Golfers head for Luis's before they unpack. In Front Of Hotel Lagos, where it all happens!! Sky sports, AG, lots of beers & Luis make this a great bar. 12.30-2am, 7 days. Happy hour 18-20. Quiz Mon. 21.30. New classic décor. Tel. 282 761 731.

RESTAURANTE/BAR O ARTISTA

Same management as Luis's Bar. Great bar/restaurant. Very good Portuguese & int. food: steaks, lamb chops, fresh fish etc. Food till 22.30 & bar till 2am. Draught: Guinness, Boddingtons, Worthingtons, cider. Karaoke Wed. & Sun. 21.30. Bar only Tue. Happy hour 18-20. Quiz Tue. 21.30. Clients say "The Best English Breakfast In Town". Tel. 282 769 147.